

Mackay SLSC Juniors Activities Handbook



Mackay Surf Life Saving Club

Clubhouse Phone:

07 4955 5630

Office Hours:

Monday 9am – 2pm

Tuesday 9am – 2pm

Thursday 9am – 2pm

Email:

admin@mackayslsc.com.au

juniors@mackayslsc.com.au

Website:

www.mackayslsc.com.au

Mail:

PO Box 336, Mackay QLD 4740

Contents

About Mackay SLSC	4
Screening Policy	5
Sunday Mornings	6
Nipper Behavior	6
Attendance	6
Photography	6
Beach and Water Set Up/ Pack Up	6
Beach Events.....	7
Boards.....	7
Care of Equipment	7
MID WEEK CLUB SESSIONS/TRAINING.....	7
NIPPERS AGE GROUPS	8
Under 6 & Under 7 Policy	8
SKILLS EVALUATION	9
Swim Evaluation	9
Beach Evaluation	9
Competition Evaluation	9
Skills Evaluation Table	10
SURF EDUCATION AWARDS.....	11
SURF EDUCATION ACTIVITIES	12
FOR PARENTS / GUARDIANS.....	13
IMPORTANT NOTE TO PARENTS	13
Nipper Adult Assistant Award (NAA)	13
Parent / Guardian Code of Conduct	14
AGE MANAGERS	14
WATER SAFETY POLICY	16
SURF SPORTS INFORMATION	16
Carnivals	16
Carnival Nominations	17
FUNDRAISING	17
What is the QLD Lifesavers Appeal?	17
Member Protection	17
Code of Conduct – Members.....	17
Working With Children Check (Blue Cards)	18
Child & Youth Risk Management Strategy (CYRMS) & SLS Children Safe Awareness Course	18
Resources.....	18

WELCOME

On behalf of the Mackay Surf Life Saving Club (SLSC) and the Junior Activities Committee (JAC), welcome to the 2023-2024 season. Junior Activities (Nippers) is a rewarding experience for the whole family teaching both children and parents beach and water skills. Members learn the fundamentals of surf safety, how to master the challenge of surf craft and to have fun and make new friends. The Club's goals are to promote: Surf Skills, Surf Awareness, Confidence, Self Esteem, Friendship & Enjoyment. This Handbook contains information that will assist you and your child to understand the Australian Surf Life Saving Club movement and provides details of the steps the Club takes to ensure members' safety both in and out of the water; how Sunday beach days are organized and; provide a general overview of the competitive segment of Nipper involvement. This Handbook contains much of the information you will need to make this a successful season, please keep it as a handy reference guide. If at any time you have a question your Age Manager or Committee Members will be happy to help you. Nippers offers a safe, friendly and welcoming environment for you and your child. Our focus is on having fun, teaching and enhancing skills. We hope you and your family enjoy being members of Mackay SLSC.



About Mackay SLSC

Mackay Surf Life Saving Club has a continuous history dating back to November 1949 starting at Cremorne and then a break- away group formed a club at Bucasia, but it only had a very short life span and the dedicated members eventually joined the new titled Mackay Surf Life Saving Club at the Harbour Beach as it became the most popular venue in the bathing region.

Both clubs have for many years now operate under the Surf Life Saving Queensland umbrella, but as far back as 1928, situated at Illawong, (Far beach) Cremorne and Seaforth beaches. These bodies operated, being a combination of both surf and Royal Life Saving movements. The current club commenced patrolling Eimeo Beach in January 1950 as the Mackay & District Surf Life Saving Club.

The first clubhouse was opened in February 1962, and improvements were carried out in 1967/8 and again 1974/5. A major expansion of the building was completed in April 1984. In December 1958, it was decided to transfer patrolling activities to the Mackay Harbour beach (where the marina is now situated) with the junior movement a very healthy and independent body of the senior movement.

A junior (nipper) club was formed in 1968 and rapidly expanded in the early to mid-1970's. A need for a separate clubhouse and facilities became obvious and a very energetic committee opened a new clubhouse next to the existing clubhouse in October 1980. Extensions quickly became necessary and these were carried out in October 1983.

The recent Marina development necessitated a move south along the Harbour Beach to the current position. This impressive structure was opened in 2000, incorporating a clubhouse with restaurant/function facilities and is a testimony to the community and governments support the Club enjoys



Screening Policy

Surf Life Saving at all levels is committed to the health, safety and wellbeing of all members and is dedicated to providing a safe and enjoyable environment for participants in surf lifesaving activities.

All Nipper parents and guardians are required to obtain a Suitability Card (Blue Card). The purpose of the blue card system is to contribute to the creation of safe and supportive environments for children and young people when receiving services and participating in activities which are essential to their development and wellbeing.

In compliance with the Commission for Children and Young People Act 1998, the Club, for the 2022 – 2023 season, requires that each member, parent or guardian complete and sign a “Volunteer Blue Card Page | 4 Application Form”. It is an offence for prohibited persons to sign this declaration or to apply for or attempt to obtain, undertake or remain in child-related employment in any capacity, whether paid, volunteering or self-employed. This means that if a member/potential member will not complete and sign the form their application for membership or renewal will be rejected.

Information regarding Blue Cards and Child Protection Policy can be found online at www.bluecard.qld.gov.au. Forms are available at the Club website or Club office, please feel free to email your request for a copy or call into the office during opening hours.

Background

To ensure that our volunteers can continue within their roles, it is extremely important to ensure the applications are completed correctly the first time to prevent delays and requests for further information from BCS.

Procedure

There are two options for the members to use

Option A : Online via Blue Card Services

Option B : Hard Copy Form uploaded to Blue Card Services and copies sent to SLSQ

Information for application will be given to Members upon New Member Application.

Sunday Mornings

- Nippers assemble at 8:45am. Children should assemble in their age groups on the grassed area at the rear of the Surf Club building where Age Managers will mark the roll.
- Nipper Sunday sessions run from 9am-11.30am. Our green caps go from 9am-10:30am.
- It is mandatory for all nippers to wear a high vis pink singlet or pink rashie, stinger suit and club cap for nippers or club training. Nippers is almost always on: If the weather is unsuitable Members will be advised via Surf Guard or Facebook as to whether the morning's activities are either to be cancelled or relocated to an alternate venue. On most occasions an alternate nippers program will be operated
- Announcements and important information for Nippers and parents/guardians is communicated at the start of the day. Please be on time and listen to these announcements so that you are aware and up to-date with all matters concerning your child.
- It is important to label all clothing.
- Children should have sunscreen applied prior to the commencement, and throughout the morning of Nippers
- Children should bring a named water bottle to Nippers. These will be placed in a "cool" bag and located close to your child whilst they are participating in Nipper activities. times.
- Under the guidance and supervision of their Age Manager, children will then take part in fun on the beach and in the water. PLEASE NOTE: If your child is not a competent swimmer it is highly recommended that they are placed into a swimming squad at their local pool. The focus of Nippers is to introduce surf skills and awareness not to provide "how to swim" lessons.
- If your child has to leave the designated area at any time during the Nippers session they are required to obtain permission from their Age Manager and may only leave with a designated parent or guardian. This procedure is to ensure the safety of your child at all times.
- In addition to Age Managers, there are senior members and coaches who will assist in the training of disciplines or events. All children are encouraged and supported to participate fully in all activities.
- During Nippers a parent or guardian is required to be on the beach at all times. Nippers is not a childminding service.
- At the end of the day's events, parents must mark their child off the roll. Once a Nipper is with their parent, they must remove their Nipper cap so that we know children are under parental supervision.

Nipper Behavior

It is important that Nippers follow the instructions of their Age Managers, Team Managers, Instructors, Coaches, Water Safety volunteers, Parents, Coordinators, BBQ Roster volunteers and any other volunteers at all times and listen to what is being said. If required a parent may be asked to remove their child from the group to ensure the safety of others and minimize disruptions.

Attendance

Children must have their name marked ON and OFF the roll with their respective Age Manager each week. as attendance.

Photography

For the safety and security of all our children, parents are asked to refrain from taking photos of Nippers activities. The Club Photographer may be able to assist you with specific photos of Nippers Activities. If you should notice any suspicious behavior by individuals with or without cameras please report to your Age Manager or Committee Members so it can be dealt with appropriately.

Beach and Water Set Up/ Pack Up

Help is needed every week, from about 8.240am onwards, to set up the beach and to ensure that everything is packed up at the end of the morning. If you see that assistance is required, please help if you can.

Beach Events

Beach events include:

- Beach Races- running over a set distance on the sand
- Flags- lying flat on the sand, then getting up and running a short distance to grasp lengths of hose standing in the sand. The event is run over a number of rounds with a child eliminated each round until there is an eventual winner.
- Beach Relays- teams of four run a relay over a similar distance to the beach races.
- Surf Wade-running through shallow water around a heavily supervised course (usually for younger age groups)

Boards

- Nippers has a range of boards suitable for all levels of expertise.
- Foam boards are for Under 8, Under 9 and Under 10's
- Fibreglass boards are for Under 11, Under 12 and Under 13's
- Mals are for Under 14's only
- Under 8's do not compete at external carnivals on boards; all other age groups must use the boards as specified above.

Care of Equipment

- Training and competitions equipment is expensive both to purchase and to repair. It is important that these items and all other gear and equipment is handled and cared for correctly.
- Boards should be carried, not dragged, and should be laid flat on the sand. They should not be sat on and it is not wise to leave them lying in direct sunlight for a long time as this can cause them to bubble.
- Nippers must not stand on foam boards whilst riding them. They are not designed for that kind of treatment.
- All damages and losses must be reported to the Gear Steward, Age Manager or Team Manager.
- If you notice boards are damaged (fibre glass is cracked, handles broken etc.) please notify the Gear Steward or Age Manager so an out of order tag can be placed. **DO NOT TAKE INTO THE WATER** as this fills the board up with water and can be further damaged. If you would like to learn how to repair boards, please see your JAC's and they can assist with training etc.
-

MID WEEK CLUB SESSIONS/TRAINING

- The club provides training sessions during the week and on nominated days. Training sessions will be advertised. Sessions can range over beach, water or fitness/endurance training.
- As a member you are permitted to use club equipment outside Nippers/Training sessions. Please direct any enquiries regarding this to your JAC's



NIPPERS AGE GROUPS

- Nippers is divided into nine age groups, ranging from Under 6's (U6) through to Under 14's (U14). The age group is determined by the child's age at midnight 30 September each year.
- The following table shows the age groups based on the birth month and year
- A child may join as soon as they turn 5 years of age- we are unable to accept membership of a child until they reach 5 years of age. A child who reaches 5 years of age after the 30th September may join nippers at that time for the remainder of the season- however, this child will be required to stay in the U6 age group again the following season.

AGE GROUPS QUICK REFERENCE

The below table indicates the birth year/month and relative age group for members in the 2023/2024 season.

AGE GROUP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP
U6	2017	2017	2017	2018	2018	2018	2018	2018	2018	2018	2018	2018
U7	2016	2016	2016	2017	2017	2017	2017	2017	2017	2017	2017	2017
U8	2015	2015	2015	2016	2016	2016	2016	2016	2016	2016	2016	2016
U9	2014	2014	2014	2015	2015	2015	2015	2015	2015	2015	2015	2015
U10	2013	2013	2013	2014	2014	2014	2014	2014	2014	2014	2014	2014
U11	2012	2012	2012	2013	2013	2013	2013	2013	2013	2013	2013	2013
U12	2011	2011	2011	2012	2012	2012	2012	2012	2012	2012	2012	2012
U13	2010	2010	2010	2011	2011	2011	2011	2011	2011	2011	2011	2011
U14	2009	2009	2009	2010	2010	2010	2010	2010	2010	2010	2010	2010
U15	2008	2008	2008	2009	2009	2009	2009	2009	2009	2009	2009	2009

Under 6 & Under 7 Policy

- Minimum age of joining is 5 years as at midnight 30th September 2022
- Must wear a fluorescent green cap and a pink or green rashie

One parent /guardian of an Under 6 & Under 7 MUST be with their child (ren) at all times on Sunday mornings

- Parents/Guardians of Under 6 & Under 7 must be a registered member of the Club
- Under 6 & Under 7 DO NOT take part in any external competitions (apart from Tri Series)

SKILLS EVALUATION

Swim Evaluation

Many activities that will be completed by children as part of the Nippers activities will be conducted in the water. To ensure that all children have a suitable swimming ability to allow them to participate in these activities, SLSQ has developed a Junior Preliminary Skills Evaluation for each age group. Every nipper is required to participate in the Pool Evaluation, PRIOR to any Nippers being undertaken. It includes a pool swim, and timed survival float.

The pool proficiency MUST be completed before your child can participate in ANY nippers activities. The chart below outlines the mandatory minimum requirements.

Any child who does not meet the required Pool Evaluation level cannot participate in any Nippers activities until the child can successfully complete the Pool Evaluation.

Beach Evaluation

A Run, Swim, Run is defined as a continuous beach run, open water swim competed by using a continuous arm stroke and another continuous beach run measured to the specified distance relevant to each Nipper age group.

The beach proficiency (Run Swim Run) must be completed and signed off by the Director of Surf Sports, Training Officer, Club Coach or nominated JA00 before your child can nominate or be eligible for an award.

All children must complete the Beach Evaluation successfully to continue participating in all learning outcomes for their respective Surf Education Award and progress to age group appropriate water based activities noting the SLSA Water Safety Policy Requirements.

Any child who does not meet the required beach evaluation level, and have it recorded on Surf Guard, will require a higher level of supervision when involved in water based activities at the discretion of the club. It is a requirement that these children must be supervised with a 1:1 ratio until the child can successfully complete the Beach Evaluation. Those nippers who do not complete the Beach Evaluation and have it recorded on Surf Guard are ineligible to partake in Intra Club water based competitions and cannot gain their relevant age awards.

Competition Evaluation

The Competition Evaluation must be achieved before being eligible to compete in inter club competition. This is a standard open water proficiency requirement. Distances may be adjusted by the Chief Assessor dependent on risk assessment.



Skills Evaluation Table

Age Group/DOB	Flotation	Submersion	Propulsion
Under 6 1/10/2017 – 30/09/2018	Back or front float for a minimum of 5 seconds and recover to stand.	Submerge to touch the bottom with hands.	From standing position in waist deep water, perform a front glide (1-2 metres) & recover to stand.
Under 7 1/10/2016 – 30/09/2017	Back or front float for a minimum of 10 seconds and recover to stand.		From standing position in waist deep water, perform a front glide (2-3 metres) & recover to stand.
Under 8 1/10/2015 – 30/09/2016	Back or front float for a minimum of 15 seconds, recover to stand.		Swim on front any stroke (distance 20 metres) followed by a swim underwater (distance 2-3 metres)
Under 9 1/10/2014 – 20/09/2015 Under 10 1/10/2013 – 30/09/2014 Under 11 1/10/2012 – 30/09/2013	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for a minimum of 1 minute. Front to back float or back to front float, 5 seconds each side. Tread water and/or any stroke sculling for minimum 2 minutes.	Submerge to touch the bottom with hands. Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.	Swim in front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 10 metres. Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 25 metres. Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 50 metres.
Under 12 1/10/2011 – 30/09/2012 Under 13 1/10/2010 – 30/09/2011 Under 14 1/10/2009 – 30/09/2010	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for minimum 3 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands. Submerge to perform forward or backward roll/somersault underwater, do not recover to surface, submerge to touch the bottom with hands.	Swim on front any stroke for 75 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres. Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres. Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 100 metres.

SURF EDUCATION AWARDS

Each child is encouraged to gain his or her Award (theory and practical) in accordance with their age group. These awards need to be gained by the end of the season and are achieved through Nipper day attendance

UNDER 6	Surf Play 1
UNDER 7	Surf Play 2
UNDER 8	Surf Aware One
UNDER 9	Surf Award Two
UNDER 10	Surf Safe One
UNDER 11	Surf Safe Two
UNDER 12	Surf Smart One
UNDER 13	Surf Smart Two (includes Resuscitation Certificate)
UNDER 14	Surf Rescue Certificate (Become a Patrolling Member)



PLEASE NOTE: We do NOT teach children to swim. Parents and / or guardians are requested to enroll their child in a local swimming squad.

Mackay SLSC will conduct Pool Proficiency dates at the commencement of the season.

If Nippers are unable to attend then a qualified swim coach can mark nippers off (please contact the office for the relevant paper work) or you can contact the JAC and they can organize an alternate time with qualified members to have you signed off.

SURF EDUCATION ACTIVITIES

U/6's: Instruction in Surf Discovery, plus Non-competitive events, Emphasis on enjoying surf club, developing team work, and establishing friendships

U/7's: Instruction in Surf Confidence, plus non competitive events. Emphasis on enjoying surf club, developing teamwork, and establishing friendships

U/8'S: Surf Aware 1- an understanding of aquatic sense; an awareness of SLSA; introduction to swimming and paddling a board in a surf or aquatic environment as well as beach sprinting, plus competitive events (sprints, flags and wade).

U/9's: Surf Aware 2- basic beach, ocean and aquatic sense; an awareness of hazards in beach or aquatic environments; development of swimming, paddling and surf skills in a surf or aquatic environment and beach sprinting pls competitive events (sprints, flags, surf swim and board paddling).

U/10'S: Surf Safe 1 usage trends and activities at local aquatic venues; knowledge of safety service in the local area; knowledge of surf zone and other aquatic characteristics plus competitive events sprints, flags, surf swim and board paddling and to develop/introduce running, wading, dolphining, swimming, paddling and surf skills in a stable to moderate surf or aquatic environment.

U/11'S: Surf Safe 2 an awareness of self-survival in surf or aquatic environment, basic airway management and introduction to first aid; expand running, wadding, dolphining, swimming, paddling and surf skills in a stable to moderate surf/aquatic environment. Competitive events (sprints, flags, surf swim, board and iron-person)

U/12'S: Competitive Events sprint, flags, surf swim, board and iron person and Surf Smart 1 enhanced understanding or surf life savers and lifesaving services; enhanced knowledge of surf zones and other aquatic zones; awareness of basic rescue skills and activities; and enhance running, wading, dolphining, swimming, paddling and surfing skills in a stable to moderate surf or aquatic environment.

U/13'S: Competitive Events sprints, flags, surf swim, board and iron person and Surf Smart 2 develop principles of First Aid and basic knowledge of resuscitation skills; introductory skills in aided or unaided approaches and further enhance running, wading, dolphining, swimming, paddling and surf skills in a stable to moderate surf or aquatic environment.

U/14'S: Competitive Events sprints, flags, surf swim, board and iron person and Surf Lifesaving Certificate award training and qualification. Under 14's are also eligible to become a probationary patrol member upon satisfying certain criteria. Please contact the Lifesaving Coordinator for further information. Surf Rescue Certificates (SRC) courses and camps are conducted with the Branch/Club each year.



FOR PARENTS / GUARDIANS

Welcome to Mackay Nippers. We are sure you will have an enjoyable season. To assist you with this we have set out a few guidelines below. If you have any problems or questions please do not hesitate to speak to your JAC's (Junior Activities Coordinators) or Age Managers. If we don't know about it we can't help you.

- Please sign up to Lifesaving online- with this you can update all your personal information, access any awards for your family, pay your membership, carnival nomination or other fees. Important information will be sent out via Surf Guard or posted on our Registered Members Page (Mackay Surf Lifesaving Registered Members)
- Please ensure your child has completed their pool swim proficiency prior to participation in Nippers ocean/ beach activities-please note new regulations allow us to complete this at our beach
- Please remember you are to remain at Nippers the entire time your child is here
- Nippers must sign on with their Age Manager at the start of Nippers and must be signed out by you before leaving the group-please remind your child to remove their cap once they have been signed out
- We can NOT have any water based activities if there are insufficient Water Safety personnel
- Carnival nominations must be made by you and not your child. Your child must have completed their Competition evaluation by club personnel before nominating. Carnival fees are to be paid at the time of nomination.
-

IMPORTANT NOTE TO PARENTS

Volunteer parental/guardian assistance plays an integral role in conducting this program, with many parents becoming qualified Lifesavers thus, becoming role models for their own children.

Mackay SLSC conducts a Parent Participation Program which will provide opportunities for parents to be involved by gaining Observers Awards, Age Managers Awards and Officials Awards. Please keep an eye out for the session which is held at the commencement of each season

Water events require Water Safety Officers for the safety and wellbeing of the Nippers. For this we need a number of parents to gain their Bronze Medallion or Surf Rescue Certificate. Your son or daughter will be thrilled to know Mum or Dad will be with them helping them out during the session.

Nipper Adult Assistant Award (NAA)

The aim of 'NAA' allows members to contribute to beach and aquatic supervision of our youngest nippers (U6 – U8 age groups). Nipper Adult Assistants are qualified to provide water supervision for wading and shallow water activities to the age appropriate depth

Course Prerequisites

To complete the SLSQ Nipper Adult Assistant Induction, Candidates must have met the following course prerequisites.

- Be a current financial member
- Minimum of 18 years old at the date of assessment
- Hold a valid working with children suitability (Blue) card which is linked to SLSQ
- Complete the SLSQ Child and Youth Risk Management Strategies e-learning Course
- Complete the SLSQ Child Safe Awareness Course
- Ability to float in water
- Ability to swim 50m or more (freestyle)

Roles and Responsibility

- Attend Nippers activities safety brief prior to the commencing daily duties
- Assist with the supervision of Nippers (U6-U8 age groups) on beach and /or in shallow water activities as directed by the Age Manager.

- Be aware at all times of the safety and welfare of those involved in the activity and immediately report any concerns to the Age Manager.
- Wearing the club issued appropriate water supervision uniform.

Parent / Guardian Code of Conduct

Nippers are not the only ones with a Code of Conduct- if you have a problem at any time, the correct procedure to follow is to address the issue through the JAC's, Age Managers or Committee member. Complaints are to be made in writing and delivered to the Junior Activities Committee. The complaint will be addressed in the next scheduled meeting.

There are a number of important items below which need to be clearly defined; lack of adherence to these policies will be forwarded to the Senior Club for disciplinary action.

- Remember that children play sport for their enjoyment, not yours.
- Encourage children to participate, do not force them
- Focus on the child's efforts and performance rather than winning or losing
- Encourage children to always participate according to the rules
- Support all efforts to remove verbal abuse from activities
- Respect officials decisions and teach children to do likewise
- Show appreciation of volunteers, coaches, officials and administrators, Without them, your child could not participate
- Remember young people compete for enjoyment and learn the best from example. Don't let your behavior detract from their enjoyment. Applaud good efforts by all members and other clubs
- Never ridicule or yell at a child for making a mistake or losing a race. Follow appropriate procedures in order to question an official's or Team Managers Decision.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

AGE MANAGERS

Being an age manager is one of the most important jobs in Junior Activities. You are responsible for the nurturing and caring of our future Surf Lifesavers and providing them with a supportive environment in which they can develop.

Age Managers are:

- Responsible for the care, safety, wellbeing and development of the Junior Activities members.
- Responsible for facilitating the development of surf lifesaving skills (movement skills, surf awareness, etc.) and personal skills (e.g. confidence, teamwork, leadership)
- Fundamental in the delivery of a learning program that encourages and develops young surf lifesavers
- Responsible to seek out and utilise expertise from within your club for the delivery of programs


Age Managers are generally volunteer parents of Nippers children. Age Managers are assigned to a particular age group for the year. They are responsible to organizing children in the age groups for each Sunday morning

If you are volunteering to be an Age Manager for the season- thank you for your assistance. We are sure you will have an enjoyable season as an Age Manager. To assist you with this we have set out a few guidelines below, If you have any problems or questions, please do not hesitate to speak to one of the committee members

To become an Age Manager the below is required-

The Club will hold an Age Managers Session at the commencement of the season to assist parents in competing the course

- Be a current financial member.
- Minimum 16 years of age or 18 years for U6 & U7 age groups
- Hold Valid Working with Children Blue Card (over 18 years)
- Completion of the Age Managers online course
- Completion of the Safeguarding Children and Young People Awareness online course (CYRMS)
- Completion of Child Safe Awareness Course (CSA)
- Hold a Bronze, SRC or Observers Certificate



SLSQ QUICK REFERENCE GUIDE

AGE MANAGER HOW TO BE AN AGE MANAGER PROCESS

V5 Jan 2023

STEP 1

- Club & Member to ensure all pre-requisites are met

STEP 2

- Member to receive Assessment Portfolio for delivery mode:
Online - Complete Third Party Endorsement Form
Face to Face - Age Managers Assessment Portfolio F2F v2 Sep 2021

STEP 3

- Member to complete "Age Manager Online Theory" through **SLS Members Area - eLearning**
- Print Completion Certificate

STEP 4

- Member to attend Two On beach mentoring sessions with an Age Manager Mentor/ Supervisor (Mentor to complete **Third Party Report**)

STEP 5

- Club JAC/CTO to Raise Award Assessment in Surfguard:
Age Manager Award and add members to award assessment in surfguard

STEP 6

- Club JAC/CTO to finalise and sign all paperwork and submit to branch to process

STEP 7

- Branch to process

Pre-requisites for members:

- Be a Financial Member
- Minimum 16 years of age or 18 years for U6 & U7 age groups
- Hold valid Working with Children Blue Card (over 18 years)
- Complete Child Youth Risk Management Strategies Training (CYRMS)
- Complete Child Safe Awareness Course (All members must complete CYRMS & CSA)
- Hold current a Bronze, SRC, or Observers Certificate

Online Courses to be completed: SLS Members Area - eLearning

- Complete Age Manager Award Online Theory
- Complete Child Youth Risk Management Strategies Training (CYRMS)
- Complete Child Safe Awareness Course (All members must complete CYRMS & CSA)

Third Party Report: (SLSQ APP) Located in Portfolio

- Two On beach mentoring sessions with an Age Manager Mentor
- Third Party Report to be completed by supervisor (Either the Club JAC if they hold the Age Managers Qualification or an Age Manager with 2+ years' experience)

Resources:
FORMS - SLSQ APP / COURSE - SLS Members Area / FORM 14 - Surfguard

Paperwork:

- Online Theory Completion Certificate (*SLS Members Area*)
- Online - Age Manager Third Party Endorsement Form or
Face to Face - Age Managers Assessment Portfolio F2F v2 Sep 2021
- Completed Third Party Report (*located in Assessment Portfolio*)
- Form 14 (*Surfguard*)

Key Points:

- Two delivery methods: Online or Face to face (either at your club or branch)
- All persons responsible for a Junior Activities age group must hold an Age Managers Accreditation
- Age Manager Awards are to be renewed every 5 years (Refer to renewal process)

**THE MAIN OBJECTIVE FOR PARENTS AND AGE MANAGERS IS TO
 ENSURE THE CHILDREN HAVE
FUN, WHILST LEARNING ABOUT THE OCEAN**

WATER SAFETY POLICY

Our environment is ever changing and requires respect, skill and common sense when managing and participating in water activities. On some Sundays the conditions will be challenging and may require decision on what activities can take place and who can participate.

The safety of our children and water safety personnel is paramount. The JA committee is responsible and must be assured that all involved are confident and competent to manage the conditions of the day.

Water activity participation for each Sunday will be determined: Through consultation and consensus of Age Managers, Water Safety Officers, JA Committee and On Duty Patrol Captain

By the availability of water safety personnel

SLSA current water safety policies must be strictly adhered to

Change of venue may be required when the beach is closed or better conditions for particular activities at another venue

ALTERNATE LOCATIONS FOR NIPPERS ACTIVITIES & TRAINING

Mackay Marina

Balmagowan River

Local Pool

If the venue is to be changed you will be notified by Surf Guard Text Message / Members Facebook Page



SURF SPORTS INFORMATION

Carnivals

Throughout the year our club attends carnivals at various locations. This is a fun, learning experience whilst children are encouraged to participate, attendance is optional

We also participate at Tri Series with Eimeo SLSC and Sarina SLSC with each of the 3 clubs hosting one series each.

We are required to fulfil ratios for carnival officials and water safety officers depending on the number of children competing across the various age groups. For this reason it is a requirement that each family of a competing child at least 1 member must have an Officials Accreditation approved by SLSQ. Course shall be run throughout the season to allow parents to gain their accreditation

OFFICIALS- we must provide 1 Official for every 7 competitors nominated

WATER SAFETY- we must provide 1 water safety for every 5 competitors nominated

Carnival Nominations

There are a number of carnivals held each season, competitors must complete a nomination form and pay a nomination fee to compete in Surf Lifesaving carnivals. Carnival dates, nomination fees and closing date for payment will be published on the club website, newsletters and posted on Facebook. Fees are payable prior to nomination via any of the methods outlined in the Club Communications and Payments section. Please ensure you provide meaningful information in the reference field when making an electronic payment.

Nominations received after the clubs closing dates may incur a late fee and/or may not be accepted for processing. Please note that nomination fees are non-refundable.

FUNDRAISING

To maintain a high standard we encourage support from all parents and Nippers in ongoing fundraising efforts. Fundraising goes towards providing equipment and facilities for all to enjoy and benefit from. You will be advised throughout the season of fundraising ventures, including BBQ's, raffles, SOS Week and Social Events.



What is the QLD Lifesavers Appeal?

Your clubs chance to raise much needed funds to support the incredible work performed by our volunteer lifesavers. All funds raised supports your club.

Setting up a single beach patrol can cost up to \$80,000 worth of life saving equipment i.e. rescue boards, first aid kits, defibrillators & more! Support from our community is vital in ensuring we continue to save lives and protect our loved ones.

Member Protection

Code of Conduct – Members

All Surf Life Saving Members follow a Code of Conduct. To obtain a copy of the Code, please go to:

<https://assets.entegy.com.au/documents/246decf1-63a2-4cc0-93c1-3e90806852e7.pdf>

Working With Children Check (Blue Cards)

Blue Cards are required by all members who intend to assist with any aspect of junior activities (Anyone on the Junior Activities Committee, water safety, canteen/BBQ helpers, etc).

Volunteer cards are free of charge. The easiest way to ensure that all members can help at any time is to include the blue card application form as part of membership registration.

For more information about who needs a blue card, and when they can begin assisting please go to:

<https://assets.entegy.com.au/documents/840df5f1-2c3f-41be-bba4-9488ca1e6893.pdf>

A copy of SLSQ's Blue Card policy and the relevant forms can be found here:

<https://slsqcm.entegyapp.com.au/Page/61/2519>

Child & Youth Risk Management Strategy (CYRMS) & SLS Children Safe Awareness Course

The Child & Youth Risk Management Strategy is designed to provide and promote safe environments for our child and youth members. For this reason, completing the CYRMS induction is compulsory for all individuals 18 years and above within the Surf Club, The frequency of this training will only be required upon renewing the individuals blue card

SLSQ CYRMS induction and SLS Children Safe Awareness Course must be completed upon joining the club. All member with blue cards must complete both courses as part of the state legislation under the Working with Children Risk management and Screen Act 2000.

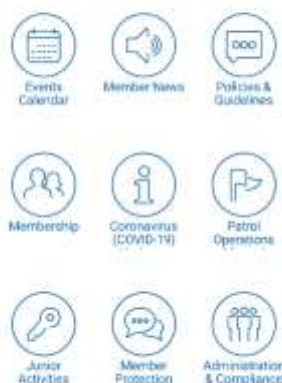
For all documents and information regarding the CYRMS please go to:

<https://slsqcm.entegyapp.com.au/Page/61/5859>

The Regional Development Officer for North Barrier Branch sends out a monthly report for Blue Cards and CYRMS to your club Administrator and President.

Resources

Download the **SLSQ App today**



••