

ENTRY CIRCULAR

Title: Australian Surf Life Saving Championships 2023 Entry Circular
Document ID: Circular 31/22-23
Department: Sport
Audience: State/Territory Surf Sport Managers, Directors, Club Secretaries, Branches, State/Territory CEO's Sport Standing Committee
Summary: This circular contains the relevant details for entering competitors into the Australian Surf Life Saving Championship 2023.

While SLSA is calling for entries for all regular events to be held at the Australian Surf Lifesaving Championships, due to potential COVID-19 restrictions in place at the time of the event (border closures, social distancing, venue numbers, quarantine requirements etc.), SLSA reserves the right to reduce both the number of events and the number of participants per event as well as the order in which events will be held. It is currently not possible to predict the impact of COVID-19 for an event to be held in March and April. Members must make their own assessment in relation to entries.

Members are also responsible for their own health. By entering the Australian Surf Life Saving Championships, you acknowledge that, even with control measures in place at the event, there remains at this time, an unquantifiable risk of transmission of viral illness, including COVID-19.

By attending the event you acknowledge that you have considered those risks and your personal circumstances, including any health conditions or vulnerability that you may have, and the circumstances of persons with whom you will be in close contact following your attendance at the Australian Surf Life Saving Championships. You acknowledge that, for a small number of people, COVID-19 has very serious health consequences. SLSA will rely on this health issue waiver and proceed on the basis that you acknowledge and accept these risks.

In the event that the Western Australia Department of Health, or another Government Department, makes a formal request, we may be required to disclose your contact information for contact tracing purposes, including your full name, contact email and/or contact phone number.

EVENT DATES:

Date	Event	Beach
Saturday 25 - Sunday 26 March 2023	Australian Youth Surf Life Saving Championships	Scarboro SLSC & Trigg Island SLSC, WA
Sunday 26 March 2023	Australian Surf Life Saving Championships Ocean Swim	Scarboro SLSC & Trigg Island SLSC, WA
Monday 27 & Tuesday 28 March 2023	Australian Masters Surf Life Saving Championships	Scarboro SLSC & Trigg Island SLSC, WA
Wednesday 29 March – Sunday 2 April 2023	Australian Open Surf Life Saving Championships	Scarboro SLSC & Trigg Island SLSC, WA

FURTHER INFORMATION

Should further information be required please contact the SLSA events team at:

events@slsa.asn.au

Phone: (02) 9215 8000

IMPORTANT DATES

Please see below a summary of important dates related to the Youth, Masters and Opens Australian Surf Life Saving Championships 2023.

November 2022		
Friday 18 November	5:00pm AEDT	Official's nominations open
Wednesday 23 November	2:00pm AEDT	Aussies 2023 – Early Bird Entries open
December 2022		
Thursday 1 December	12:00pm AEDT	Aussies Timetable Release
Friday 2 December	12:00pm AEDT	First Round of Officials Nominations close
Wednesday 14 December	5:00pm AEDT	First Round Officials Appointments published
February 2023		
Sunday 12 February	11:59pm AEDT	Early Bird Entries Close
Monday 13 February	12:00am AEDT	Normal Entries Open
March 2023		
Wednesday 15 March	5:00pm AEDT	Limited Entries Entered (provided by States)
	11:59pm AEDT	Normal Entries Close
Thursday 16 March	9:00am AEDT	Normal entry invoices sent to clubs
Friday 24 March	4:00pm AWST	Youth and Ocean Swim Team Manager and Officials Briefing
	5:00pm AWST	Last day for container deliveries
Saturday 25 March	8:00am AWST	Competition Day 1: Youth Championships
	7:00am-3:00pm AWST	Scrutineering Begins: Boat Compound
	7:30am AWST	Opening Ceremony - Youth
Sunday 26 March	2:30pm AWST	Board Riding Competitor Briefing & Day 1 Board Riding Marshalling
	8:00am AWST	Competition Day 2: Youth Championships
	7:00am-3:00pm AWST	Scrutineering continues: Boat Compound
Monday 27 March	8:00am-12:00pm AWST	The AUSSIES Ocean Swim
	4:00pm AWST	Masters & Opens Team Manager & Officials Briefing
	8:00am AWST	Competition Day 3: Masters Championships
Tuesday 28 March	All Day	Gold Day
	All Day	Scrutineering continues: Boat Compound
	8:00am AWST	Competition Day 4: Masters Championships
Wednesday 29 March	7:00pm AWST	Surf Life Saving Women's Dinner
	All Day	Scrutineering continues: Boat Compound
	8:00am AWST	Competition Day 5: Open Championships
Thursday 30 March	7:30am AWST	Opening Ceremony - Masters & Opens
	6:00pm AWST	Officials Dinner
	8:00am AWST	Competition Day 6: Open Championships
Friday 31 March		
	7:30pm-10:30pm AWST	Life Members Function
Friday 31 March	8:00am AWST	Competition Day 7: Open Championships
April 2023		
Saturday 1 April	8:00am AWST	Competition Day 8: Open Championships
	9:00am-4:00pm AWST	Competition Day VIP Function: VIP Area next to Amphitheatre
Sunday 2 April	7:00am AWST	Ecumenical Service
	7:45am AWST	Welcome to Finals Day Ceremony
	8:00am AWST	March Past
	9:00am AWST	Competition Day 9: Open Championships
	9:00am-4:00pm AWST	Competition Day VIP Function: VIP Area next to Amphitheatre

	4:00pm AWST	Closing Ceremony
Monday 3 April	9:00am-5:00pm AWST	First day for container pickup
Wednesday 5 April	9:00am-5:00pm AWST	Final day for container pickup

****All above dates and times are subject to change** *Team Managers who are managing for more than one of Youth, Opens and Masters Championships must attend both briefings.

ENTRY PROCESS

Club entries to the Australian Surf Life Saving Championships must be submitted via the SLSA Sports Event Management System (SEMS). Instructions for entries can be found via the following [SEMS Guide](#). For all SEMS enquires please email SEMS sems@slsa.asn.au.

ELIGIBILITY TO COMPETE

To be eligible to compete at Masters & Opens Championships, competitors must comply with Policy 5.04 – Competition Eligibility and the Guidelines for Competition Eligibility document (available on the SLSA Members Area). Note that due to the impact of COVID-19 on the ability of some members to fulfill their patrol and service hour requirements, Policy 5.04 has again been amended for these championships only as follows.

1. That due to the ongoing impact of COVID-19 on the ability of some members to fulfil all of their patrol and service hour requirements for the 12 months ended 31st December 2022, that Policy 5.04 (Competition Eligibility Policy) Section 3 c Table 1 'Minimum active service hour requirements for Active, Active Reserve and U15 Members' be amended for the 2022/23 National Championships as per individual State recommendation.
2. That the reduction (if any) in patrol and service hours be for the 2022/23 Branch, State and National Championships only (Open/Masters/Youth (U15s)/IRB/Pool)
3. That for the 2022/23 Branch, State and National Championships only, any combination of patrol and service hours will satisfy the requirements of competition eligibility.
4. That resolutions 1 to 3 above only apply to the 2022/23 championships.

ENTRY FEES

The Australian Surf Life Saving Championships 2023 entry fees are as follows:

Price Level	Dates	Competitor Category	Price (incl GST)*
Early Bird Entry Fee	Wednesday 23 November 2022 – Sunday 15 January 2023	Youth Championships Competitor	\$130
		Opens Championships Competitor	\$130
		Masters Championships Competitor	\$130
		Ocean Swim – All Competitors	\$60
		Reel Team only (Surf Belt Race)	\$10 per event up to \$20 max
		March Past only	
Normal Entry Fee	Monday 16 January 2023 – Wednesday 15 March 2023	Youth Championships Competitor	\$180
		Opens Championships Competitor	\$180
		Masters Championships Competitor	\$180
		Ocean Swim – All Competitors	\$70
		Reel Team only (Surf Belt Race)	\$10 per event up to \$20 max
		March Past only	
Ocean Swim Late Entry Fee	Thursday 16 March 2023 – Saturday 25 March 2023 (4pm)	Ocean Swim – All Competitors (No late entries on the day)	\$80

Note 1: Prices are per competitor, irrespective of the number of events entered, unless otherwise stated above.

Note 2: SLSA Members entering the Ocean Swim will be done via SEMS. A separate entry fee is required to enter the Ocean Swim. All public members entering the Ocean Swim will complete an online entry form via the SLSA website.

PAYMENT

Clubs will be sent an invoice after each entry period. Clubs **MUST** pay by **Wednesday 22 March 2023**. Clubs **must include club name and invoice number when paying total amounts**.

CLUBS WITH UNPAID ENTRY FEES WILL BE INELIGIBLE TO COMPETE.

REFUND OF FEES/CANCELLATION FEES

Once an invoice has been generated, **entry fees are non-refundable**.

TEAM CHANGES

Changes to already existing team entries can occur up until Normal Entries close at 11:59pm (AEDT), 15 March 2023 via SEMS. Process for team changes after this date are to be confirmed.

ADDITIONAL INDIVIDUAL ENTRIES

Changes to already existing individual entries can occur up until Normal Entries close at 11:59pm (AEDT), 15 March 2023 via SEMS. After this date, an admin fee of \$10 per change to an already existing individual competitor can occur up until 4:00pm (AWST) the day before the race, through visiting the Administration Centre only. This is for individual entries.

Note 1: Changes will not be permitted for Surfboard riding events after the close of entries date.

COMPETITIVE TRANSFERS

Competitors, Team Managers, and club administrators should familiarise themselves with Section 2.2.4 – Competitive Transfers rules of the current edition of the Surf Sports Manual.

CONDITIONS OF ENTRY

All competitors entered in the Australian Youth, Australian Masters and Australian Open Surf Life Saving Championships 2023 must be financial members of an affiliated club or ILS affiliate.

MEMBERSHIP, AWARD PROFICIENCIES AND PATROL REQUIREMENTS FOR ALL COMPETITORS

Each competitor must hold the award relevant to their entry and have completed a proficiency test for the award. The details of these requirements are detailed in SLSA's Policy 5.04 – Competition Eligibility and the SLSA Guidelines for Competition Eligibility document via the SLSA Member's Area. As noted under Eligibility to Compete see above for further details.

RESTRICTIONS ON EVENTS AND PROVISOS

The following restrictions shall apply in regard to nominations and competition in the various events:

AGE/GENDER CATEGORIES - SAFETY RESTRICTIONS – Where a particular age/gender category area and/or section (including specific events) is postponed, cancelled, or relocated due to safety and/or weather/sea conditions, competitors from that particular age/gender grouping are not permitted to compete in any older age category event/s.

YOUTH CHAMPIONSHIPS – ENTRY RESTRICTIONS

1. Double Dipping – in accordance with SLSA rules for the event:
 - No Under 14 competitor is eligible to contest U15 individual events.
 - No Under 13 competitor is eligible to contest U14 or U15 individual events.
 - No Under 12 competitor is eligible to enter the Youth Championships.
2. Entry Restrictions – Each Club is permitted to enter a maximum of:
 - Uncapped for all individual events (except for Ironman/Ironwoman).
 - Four competitors per age group and gender in Ironman and Ironwoman events. However, should a club have members qualify for a state Ironman/Ironwoman final in the Under 13, 14 or 15 age categories, all those competitors will be eligible to enter their respective event at the Australian Youth Championships **in addition** to the club quota of 4 competitors per club, per gender, per event.
 - 2 teams per team event, per gender.
 - The Mixed Beach Relay Race is restricted to 1 team from each club. The Relay team must include 2 x male and 2 x female competitors.
 - An Under 14 aged competitor is permitted to participate in the U13/U14 or U14/U15 age category in a particular event **but not both**.
 - Apart from the U13 - U15 5 Person R&R and U15 First Aid, an Under 13 aged competitor is permitted to participate only in the U13/U14 age category.
Note 1: The U13 - U15 R&R may be contested by any combination of male and female U13, U14 and U15 aged competitors. An U13 aged competitor only requires their age award to participate in the event.
Note 2: An U13 aged competitor may contest the U15 First Aid Competition provided that they hold a proficient Surf Rescue Certificate.

Note 1: U13/14 age competitors do not need to fulfil patrol hour/service obligations to be eligible to compete in the Youth Championships in U14 individual events and U15 Team events but must meet all other requirements of Policy 5.04.

Note 2: All Youth team events will be run as per the rules for the older age group for that event (course lengths and equipment)

MASTERS EVENTS - ENTRY RESTRICTIONS

MASTERS AGE GROUPS – Individual competitors can only compete in their own age group and team competitors can only compete in one combined age category in each team event. Further, teams are only permitted to compete in their eligible age group. This includes where individual/team events are cancelled/postponed/relocated.

- **Board Rescue & Double Ski** – Team age category is determined by youngest competitor in the team.
- **All other Team Events** – The aggregate ages of the team members will determine the age category.
- **Surf Boats** – The aggregate ages of the four rowers will determine the age category. The sweep does not need to be a Master age competitor and is not included in the team's aggregate age.

OPEN CHAMPIONSHIPS – ENTRY RESTRICTIONS

Following member representations that gaining the SLSA Bronze Medallion is the base award that qualifies a person to be a fully trained patrolling member, and after careful consideration and recommendation by the Sport Advisory Committee, the SLSA Board has agreed that U15 aged competitors who turn fifteen during the season, and gain a SLSA Bronze Medallion, may participate in the older age surf sports event divisions, as noted below:

- All U17 Team events apart from competing on a surf ski.
- U17, U19 and Open age Surf Belt Race events as a Handler (only).

A separate Australian Championships entry fee is applicable for all U15 competitors entering U17 team events.

Competitors U17 aged and up are limited to compete in two team events per discipline i.e. No triple dipping.

- Example: U17 Competitor may compete in their age group (U17) plus one more (U19 or Opens) for discipline-specific team events. Alternatively, an U17 competitor may compete in the U19 and Open category for a discipline specific team event, but not the U17's.

SWIMMING AREA

For Surf Belt Race events, reel handlers are permitted to double up in teams competing in different heats, quarter finals and semi-finals of the same event provided that no shuffling of rounds are required to accommodate handlers (i.e., the draw process is not hindered).

BOAT AREA

1. As detailed in Note 1 of Section 5.1(a) of the Surf Sports Manual only accredited S3 and S2 Sweeps will be eligible to sweep surf boats in these Championships. For further information please refer to the SLSA Sweep Accreditation Document.
2. Please note Section 5.1 (f) of the Surf Sports Manual re the mandatory wearing of helmets in Surf Boats unless an acceptably low-level risk is assessed.

SUPPLEMENTARY CONDITIONS FOR SURF BOATS AT AUSTRALIAN SURF LIFE SAVING CHAMPIONSHIPS

Surf Boat Competitors are reminded to refer to the Surf Sports Manual Section 5.1(c) Note 7 that details particular 'double dipping' rules that apply to the Australian Surf Life Saving Championships.

BEACH EVENTS

All March Past events (Open and U23) will occur as a final (no qualifying rounds) on Sunday, 2 April 2023.

INTERNATIONAL COMPETITORS

Conditions of entry for international competitors:

1. SLSA reserves the right to invite and/or accept entries from international competitors and club teams to compete in any event at the Australian Championships.
2. Limited Entry Events – only one entry from each country may be accepted into an event. If more than one individual or club team nominates, only the national champion or highest ranked individual/club team from that country (as advised by the governing body to SLSA) will be allowed to compete.
3. Youth Championships entry restrictions apply to any international club entries. All other events (unrestricted) in Masters and Opens have no limits on international competitors or club teams entering.
4. International club teams must be a genuine club team (not composite teams) and must compete in club colours to be eligible to compete.
5. International individual competitors may compete in their club caps or, with the permission of their country, compete in their national colours.
6. All international competitors and club teams must gain international clearance from their governing body and must be submitted to SLSA prior to competition.

LIMITED ENTRY EVENTS

State Centres shall be responsible for nominating individuals/teams (by **Wednesday 15 March 2023**) as well as reserves, to contest the Limited Entry Events for Masters and Opens Championships in accordance with the 'quotas' allocated in each State/Territory (see pages 8 & 9 of this Circular for quotas).

State centres will be requested to provide State Championship results from Youth Ironperson events should clubs be able to enter additional competitors in these events.

PATIENT REQUIREMENTS – All clubs entered in limited entry events such as Champion Lifesaver, First Aid Competition and Champion Patrol will be required to provide patients according to club/team entries. Please see ratios below:

- Champion Lifesaver: 1 patient per club entry
- First Aid Competition: 1 patient per team entry
- Champion Patrol: 1 patient per club entry who must hold at least a proficient SRC, and the patient must be prepared to go into the water.

SUBSTITUTION OF LIMITED ENTRY EVENT COMPETITORS

1. **All States/Territories are requested to nominate up to 5 reserves (in order of priority) for all limited entry events.**
2. "Substitution of Competitors" – State/Territory Centres can replace an individual, team member or team who has already been nominated as a reserve for the event. If a State is unable to substitute from the reserve list, the nominating State may substitute a replacement from that State/Territory irrespective of whether they are on the reserves list. Where a State/Territory is unable to fill a vacancy then the vacancy will be filled by the next available reserve on the list.
3. If States/Territories do not fill their quota, positions will be filled from the reserves offered by the other States/Territory.

Note: SLSA also reserves the right to select competitors to compete from the reserve list.

LIST OF EVENTS

A list of Championships events can be found in the [Australian Surf Life Saving Championships 2023 – List of Events](#) document.

LIMITED ENTRY EVENTS - YOUTH CHAMPIONSHIPS

Entries for these events will be each State Centre's responsibility ONLY.

ENTRY CODE	AGE GROUP	EVENT	STATE QUOTAS							
			Total	NSW	QLD	VIC	SA	WA	TAS	NT
3108	U/15	Mixed First Aid Competition	10	3	2	1	1	1	1	1
1121	U/14	Male Champion Lifesaver	9	2	2	1	1	1	1	1
2121	U/14	Female Champion Lifesaver	9	2	2	1	1	1	1	1
1120	U/15	Male Champion Lifesaver	9	2	2	1	1	1	1	1
2120	U/15	Female Champion Lifesaver	9	2	2	1	1	1	1	1

MASTERS CHAMPIONSHIPS

Entries for these events will be each State Centre's responsibility ONLY.

ENTRY CODE	AGE GROUP	EVENT	STATE QUOTAS							
			Total	NSW	QLD	VIC	SA	WA	TAS	NT
1382	30-39 yrs.	Male Champion Lifesaver	9	2	2	1	1	1	1	1
2382	30-39 yrs.	Female Champion Lifesaver	9	2	2	1	1	1	1	1
1383	40- 49 yrs.	Male Champion Lifesaver	9	2	2	1	1	1	1	1
2383	40- 49 yrs.	Female Champion Lifesaver	9	2	2	1	1	1	1	1
1384	50yrs & over	Male Champion Lifesaver	9	2	2	1	1	1	1	1
2384	50yrs & over	Female Champion Lifesaver	9	2	2	1	1	1	1	1

OPEN CHAMPIONSHIPS

Entries for these events will be each State Centre's responsibility ONLY.

ENTRY CODE	AGE GROUP	EVENT	STATE QUOTAS							
			Total	NSW	QLD	VIC	SA	WA	TAS	NT
345	Open	Lifesaver Relay *	16	5	4	2	1	2	1	1
352	Open	Surf Boat Relay Race	16	5	4	2	1	2	1	1
3105	Open	First Aid Competition	10	3	2	1	1	1	1	1
3106	U/19	First Aid Competition	10	3	2	1	1	1	1	1
3107	U/17	First Aid Competition	10	3	2	1	1	1	1	1
3113	Open	Champion Patrol	9	2	2	1	1	1	1	1
3115	U/17	Champion Patrol	9	2	2	1	1	1	1	1
1117	Open	Male Champion Lifesaver	9	2	2	1	1	1	1	1
2117	Open	Female Champion Lifesaver	9	2	2	1	1	1	1	1



1118	U/19	Male Champion Lifesaver	9	2	2	1	1	1	1	1
2118	U/19	Female Champion Lifesaver	9	2	2	1	1	1	1	1
1119	U/17	Male Champion Lifesaver	9	2	2	1	1	1	1	1
2119	U/17	Female Champion Lifesaver	9	2	2	1	1	1	1	1

* **Note:** The LifeSaver Relay will only be conducted at the Aussies if the boat and the rest of the course can be set immediately beside each other and the whole event is conducted with one start.

GENERAL EVENT INFORMATION

SHIPPING CONTAINERS

Clubs transporting containers to Scarborough, must contact the SLSA Events Team – events@slsa.asn.au and provide the following information:

Club	Container Size	Container arrival date	Container pickup date	Container Organisers Name	Container Organisers Phone No	Container Organiser Email	Transporting company (e.g., Toll)	Container ID #

In booking container transport to Scarborough, please first email the SLSA Events Team to notify your intent to send a container, you will be given appropriate delivery and loading instructions to ensure access to all club's containers. If contact is not made, then a container will not be accepted onto site.

NAMES OF TEAMS IN TEAM EVENTS

Where the club has one or more teams entered in an event, then that particular event code number for each competitor in each team shall be subtitled "A" for the first team or "B" for the second team, etc., as applicable.

Note: SLSA reserves the right to change any team name deemed inappropriate.

POWERCRAFT & WATER SAFETY REQUIREMENTS

The 2023 Australian Surf Life Saving Championships will see the Powercraft (IRB & RWC) rostering process continue as per last year's system. Individual clubs are longer be required to provide personnel to fill water safety shifts. SLSA will be looking to engage active and enthusiastic Powercraft personnel across varying levels of experience and expertise to manage water safety processes across all Championships. SLSA will provide subsidy where appropriate for those personnel engaged in water safety throughout the Championships. Further information regarding the nomination of personnel for Aussies 2023 water safety will be provided in forthcoming Water Safety Circular.

Clubs will still be required to provide IRB's as per previous years. This information will be included in the Water Safety Circular.

Individual clubs will be required to assist with specific water safety requirements for U13 competition. Further information regarding quotas and timetable for U13 water safety will be released at a future date.

DRESS OF COMPETITORS

In all events, competitors must wear approved competition dress as detailed in the 37th edition of the Surf Sports Manual and any subsequent Bulletins or Circulars.

Approval may be granted by the Championship Referee for a club or competitor to wear a singlet or vest different to the supplied singlet provided it complies with the SLSA Sponsorship Policy 6.28 (available via the SLSA Member's Area). This approval is subject to colour and visibility of the club/competitor singlets being fluoro yellow **ONLY**. This must be presented for approval to the Carnival Referee or Deputy Referee. The approved lycra singlets may only then be worn during the heats. For the Quarter Finals, Semi Finals and Finals the SLSA branded event lycra singlets must be worn, **NO EXCEPTIONS**. Competitors will be checked at the start line and no competitor will be allowed to compete unless they comply.

SLSA Staff, Championship Referee, Area Referee and/or Sectional Referee reserve the right to order the removal or covering of signage, ID, or logos in conflict with the Championships sponsor and/or the SLSA Sponsorship Policy 6.28.

TEAM MANAGERS

TEAM MANAGER ACCREDITATIONS

Each club will be provided with accreditation passes for the Team Manager and each Assistant Team Manager to gain access to each relevant competition area. Below is the recommended ratio of competitors/ accreditation passes):

- 1x overall Team Manager
- Number of areas club competitors are competing in = number of Assistant Team Manager accreditations,
e.g.: 5 areas (3x water, 1x boat & 1x beach areas) = 5 Assistant Team Managers

Please note, if your club enters Masters and Opens competitors, the club's overall Team Manager is responsible to pass on all accreditation passes to Masters and Opens Assistant Team Managers.

TEAM MANAGER REQUIREMENTS

Each club must have a Team Manager complete the online [Team Manager Declaration & Lycra Order Form](#) before their club is eligible to compete at the Australian Youth, Australian Masters and Australian Open Surf Life Saving Championships 2023. The online form requires Team Managers to provide the following details:

- Team Manager contact details
- Assistant Team Manager names
- Location of club accommodation & approximate numbers staying in each location
- Club Lycra singlet requirements and sizes
- Agree to all terms outlined in the Team Manager declaration.

LYCRA SINGLET SIZING & DISTRIBUTION – Team Managers will be responsible for the collection of all competitor lycras. This can be done so following the online briefing for Youth Championships at North Kirra administration centre. Masters and Opens lycras will be available for collection following online briefing at Scarborough Beach administration centre.

To collect lycra singlets following online Team Managers' briefings, Team Managers are required to fill the [Team Manager Declaration & Lycra Order Form](#) with numbers and sizes of lycra singlets required for that club. Lycra singlet sizing chart is below. Team Managers are responsible for distributing lycra singlets to all competing club members.

Team managers are responsible for the collection of all competitor lycras for the 2023 Championships.

A club will **NOT** be able to collect lycras for all three championships at Scarborough following online Youth Team Manager Briefing.

The lycras will be produced by FINZ.

LADIES	XS	S	M	L	XL	2XL	3XL	4XL
SIZE	L8	L10	L12	L14	L16	L18	L20	L22
Bust	83cm	87cm	91cm	95cm	99cm	103cm	107cm	111cm
Waist	65cm	69cm	73cm	77cm	81cm	85cm	89cm	93cm
Hips	88cm	92cm	96cm	100cm	104cm	108cm	112cm	116cm
MENS	XS	S	M	L	XL	2XL	3XL	4XL
SIZE		M14	M16	M18	M20	M22	M24	
Chest	86cm	90cm	94cm	99cm	104cm	109cm	114cm	119cm
Waist (low waist 4cm below natural waist)	76cm	80cm	84cm	88cm	92cm	96cm	100cm	105cm

TEAM APP

Aussies 2023 will be using the 'Team App' smart phone application to send out updates and notifications to competitors. Download 'Team App' from your App Store or Google Play. Once you have downloaded the app and created a user login, search for '**The Aussies 2023**' in the search bar at the top of the screen and click on the event to join. From here you will be able to access event documentation, timetables and where to find all the latest and up to date information on the event. It may also be helpful to visit the website for further clarification at <https://www.teamapp.com/faqs>.